

नीलाम्बुजश्यामलकोमलाङ्गं सीतासमारोपितवामभागम् ।

पाणौ महासायकचारुचापं नमामि रामं रघुवंशनाथम् ॥

Nilāmbuja-śhyāmala-komalāṅgam sītā-samāropita-vāma-bhāgam  
pāṇau mahā-sāyaka-chāru-chāpaṁ namāmi rāmam raghuvaṁśha-nātham

I bow down to Rām, the Lord of Raghu's race, who has a dark-cloured delicate body like a blue lotos, on whose left side resides Sītā and who has a great arrow and a beautiful bow in His hands.

*Rām Navamī Pūjā, Dhyāna Shloka for Rāma Chandra  
Brahmasthan of India, 27-29 March, 2007*

Maharishi:

*The first word that the Pandits said: Komalāṅgam, Komalāṅgam Rāmam. Komalāṅgam means delicate body, delicate physiology, delicate expressed Rām, delicate, Komalāṅgam. Supreme delicacy is there, where Gyān Shakti and Kriyā Shakti join together in the structure of Brahm, in the structure of Rām, the blending of the two. Komalāṅgam. The physiology, if there is any physiology, is Komal. It is delicate and what is the delicacy about it? Gyān shakti and Kriyā Shakti, Veda is that Komalāṅgam, that expression of Gyān Shakti and Kriyā Shakti.*